OMT
Documentation & Coding

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OBJECTIVES

• Improve financial reimbursement for additional time spent treating patients

• Enhance knowledge of specific Tx areas to maximize patient benefit

• Templates for EMR

• Review of correct CPT codes
We are Osteopathic Physicians

• We touch our patients

• We can offer more than medication

• OMT enhances patient care

• OMT is a procedure – increases office visit income
2014 CMS Reimbursement

- 99213 - $70.61 Estab Office visit
- 99214 - $104.36

- 98925 - $25.82 OMT 1-2 Regions
- 98926 - $38.85 OMT 3-4 Regions
- 98927 - $51.24 OMT 5-6 Regions
- 98928 - $65.51 OMT 7-8 Regions
- 98929 - $78.77 OMT 9-10 Regions
OMT Regions - CPT defined

- Head
- Cervical
- Thoracic
- Lumbar
- Sacral
- Pelvic
- Abdomen and Viscera
- Lower Extremities
- Upper Extremities
- Ribs
Office E&M Coding

- 99214: 4 HPI, 2ROS, 1PMHx
- Exam – 5 organ systems
- MDM – Dx, Data, Risk

- Is NOT DIFFICULT to document 99214 !!!
- Read this article: “Coding Level-IV Visits without Fear”. www.aafp.org/fpm
Efficiency: 3 Regions, 3 Minutes

• Procedure: OMT

✓ Trained and certified

✓ No additional equipment required

✓ Already in the CPT book and on CMS fee schedule.
Documentation

- **T – Tissue Texture Changes**
  - Temp differences, swelling, hyperesthesia, firmness

- **A – Asymmetry of bony landmarks**
  - SI joint, ASIS, leg lengths

- **R – Restriction of Motion**
  - Spine segments, joint range

- **T – Tenderness**
EMR Templates - Physical Exam

- KISS

- “Paraspinal muscles with TTCs on R L at"
  - Example: On R at C5-7 and T 1-6 with...

...ROM restriction in Cervical, Thoracic and Lumbar spine
  - Or can be more specific (C4 Right Rotation, etc)
TIME OUT

• At this point, if fairly certain only dealing with a musculoskeletal problem (Somatic Dysfunction), most likely will just treat (perform a procedure)
EMR Templates - Procedure

• KISS – 3+ Regions is realistic goal

• “OMT discussed with pt, pt consented to Tx, OMT to spine with good results”
  ▫ Example: C/T/L spine
  ▫ Example: Rt ribs, Thoracic Outlet, Pelvis

Can be more specific: Muscle Energy, HVLA, etc
Or: Cranial techniques and OMT to spine.....
EMR Template: Procedure

• Important to document OMT as a procedure
• If insurance company declines payment for OMT, want it documented properly

• If payment declined, recommend also sending CPT book page which describes OMT as “a form of manual Tx applied BY A PHYSICIAN to alleviate somatic dysfunction and related disorders”.
Link Dx to Procedure

- You link Wart Dx to Cryo procedure
- You link HTN Dx to ECG procedure
- You link Asthma Dx to PFT
- You link Osteoporosis Dx to DEXA

- You link Somatic Dysfunction Dx to OMT

- Example: Dx – Cervical Sprain
  Somatic Dysfunction Cervical
OMM Quick Card

• 2010 copyright – OHCOM’s CORE Osteopathic Principles and Practices Committee

• Limited supply available today

• Can order from OU-HCOM
  • 1-614-367-9371
REVIEW

1. CC/HPI – potential musculoskeletal problem
2. Consider OMT
   1. Do focused structural exam (Template)
3. Rule out serious etiologies
4. NOW you have a choice: OMT (3mins for another $45 and probably better care), or maybe I need another test to rule out serious problem, Rx, Refer, etc
Case Study - Shoulder blade

- CC/HPI - Acute pain right shoulder blade area
  - PQRST
- Exam: (Templates) +TTC, Restricted ROM
- Dx: 1. Thoracic Strain/sprain
- 2. Somatic Dysfunction C, T, LS spine
- Procedure: (Template)
- Plan: OMT, NSAID, Muscle Relaxer, PT referral, etc
Case Study: Shoulder Blade

• Coding: 99214 (acute/new prob, w work up, Rx, and referral), 98926 (OMT 3-4 regions)

• $104.36 (99214) + $38.85 (98926) = $143.21

• Do this once/wk x 46 wks: $7,148.40 / yr
  Twice/wk x 46 wks: $14,300

• SIMPLE - and better patient care
Case study: IBS w Chronic Constipation

- CC/HPI: 1 BM/wk; failed all OTC/Rx; colonoscopy neg; pain worsening; plus the obligatory 2-3 other problems/refills

- Exam: OMM Quick Card – T5-12, S2-5; Template +TTC, Restricted ROM (or asymmetry, tenderness/pain)
Case Study: IBS w Chronic Constipation

- **Dx:** IBS CC, Som Dysfx T, L, S (or pelvis)

- **Procedure:** Template (OMT to T, L spine and pelvis with good results, tolerated well)

- **Coding:** 99214 (chronic unstable + 1-2 stable); 98926 (3-4 regions)

- By adding **3 min of OMT and 2 templates**, went from $104 for the visit to $143.
Summary

• Think Osteopathically when obtaining HPI, Exam
• Touch you patients (TTC, asymmetry, pain)

• 3 regions in 3 minutes

• Document efficiently with Templates

• Code – add the 98925-29 codes
Summary

- Make a couple templates
- Teach medical students and residents to do same (have them make yours)
- Show students the finances of using their Osteopathic training and skills.
Reminders...

- OMM Quick Card: order from OU-HCOM
  - 1-614-367-9371
- OMT CPT codes: 98925 (1-2 regions)
- 98926 (3-4 regions)
- Document a 99214
TEMPLATES

• Exam: +TTC at ____ with restricted ROM at ___

• Procedure: OMT discussed with patient. Patient agrees to OMT. OMT performed at ___ spine. Tolerated well.
References

- Foundations for Osteopathic Medicine, Second Edition, pg 574-575
- Family Practice Management: Feb 2006, pg 34-38
- OMM Quick Card, OHCOM, 2010
- CMS Physician Fee Schedule