OOA update
Cleveland Academy of Osteopathic Medicine

January 24, 2020
Mission: To promote the distinctive philosophy and practice of osteopathic medicine in Ohio
Ohio Osteopathic Association
Board of Trustees

- 5 members of the Executive Committee
  - President: Charles D. Milligan, DO
  - President-Elect: Sandra L. Cook, DO
  - Vice President: Henry L. Wehrum, DO
  - Treasurer: Jennifer L. Gwilym, DO
  - Immediate Past President: Jennifer J. Hauler, DO

- 10 trustees by virtue of district academy representation
- Resident representative
- Student representative
- OOA Executive Director: Matt Harney, MBA
Ohio Osteopathic Association
Membership Categories

- Regular
- Postgraduate Training
- Students
- Retired
- Life
- Out-of-state
A Growing Profession

DOs Nationwide

Series 1

<table>
<thead>
<tr>
<th>Year</th>
<th>DOs</th>
</tr>
</thead>
<tbody>
<tr>
<td>1990</td>
<td>2000</td>
</tr>
<tr>
<td>1995</td>
<td>40000</td>
</tr>
<tr>
<td>2000</td>
<td>60000</td>
</tr>
<tr>
<td>2005</td>
<td>80000</td>
</tr>
<tr>
<td>2010</td>
<td>100000</td>
</tr>
<tr>
<td>2015</td>
<td>120000</td>
</tr>
<tr>
<td>2019</td>
<td>140000</td>
</tr>
</tbody>
</table>
A big deal

- In 2019, there were just under 7,000 graduates—the most in history
- Over 115,000 DOs in the US (approx. 22,000 residents)
- 31,000 osteopathic medical students
- 60% of most recent graduating class is currently pursuing the five most in-demand specialties: Internal, family, emergency, pediatrics & anesthesiology
## Demographics

### Young and Growing

**DO Population - Age Distribution**

<table>
<thead>
<tr>
<th>Age Range</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;35</td>
<td>27%</td>
</tr>
<tr>
<td>35 - 44</td>
<td>27%</td>
</tr>
<tr>
<td>45 - 54</td>
<td>18%</td>
</tr>
<tr>
<td>55 - 64</td>
<td>15%</td>
</tr>
<tr>
<td>65+</td>
<td>12%</td>
</tr>
</tbody>
</table>

### Percentage of Actively Practicing Female DOs

- **1993**: 18%
- **1998**: 22%
- **2003**: 27%
- **2008**: 32%
- **2013**: 38%
- **2018**: 41%

*Female physicians*
Primary Care

The DO philosophy of treating mind, body and spirit aligns well with primary care specialties. Nearly 57% of DOs practice in primary care, partnering with patients and their families throughout every stage of life.

**ACTIVELY PRACTICING DO DISTRIBUTION**
among primary care medical specialties

<table>
<thead>
<tr>
<th>Specialty</th>
<th>Number</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family Medicine*</td>
<td>28,779</td>
<td>31.9%</td>
</tr>
<tr>
<td>Internal Medicine</td>
<td>16,070</td>
<td>17.8%</td>
</tr>
<tr>
<td>Pediatrics</td>
<td>6,159</td>
<td>6.8%</td>
</tr>
</tbody>
</table>

*Includes DOs who practice osteopathic manipulative medicine.
# Specialty Care

**ACTIVE LY PRACTICING DO DISTRIBUTION**  
in the top 5 non-primary care specialties

<table>
<thead>
<tr>
<th>Specialty</th>
<th>Count</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Emergency Medicine</td>
<td>8,795</td>
<td>9.7%</td>
</tr>
<tr>
<td>Anesthesiology</td>
<td>3,802</td>
<td>4.2%</td>
</tr>
<tr>
<td>Obstetrics &amp; Gynecology</td>
<td>3,754</td>
<td>4.2%</td>
</tr>
<tr>
<td>Surgery - General</td>
<td>3,244</td>
<td>3.6%</td>
</tr>
<tr>
<td>Psychiatry</td>
<td>2,953</td>
<td>3.3%</td>
</tr>
</tbody>
</table>
Distribution of COMs
One college, three campuses

**Athens campus:** Approximately 140 students/year

**Dublin campus:** Approximately 60 students/year

**Cleveland campus:** Approximately 50 students/year
Prioritizing the next osteopathic generation

- Mentoring Monday videoconferences
- Three networking receptions for students coinciding with OOA Board meetings
- Health policy rotation
2019: OU-HCOM’s largest graduation class

One college, three campuses
Ohio Physician Loan Repayment Program

- **Goal:** To increase access to primary care for underserved communities
- **Available to:** Physicians currently in practice or in their final year of residency or fellowship
- **Must practice:** In an HPSA for a minimum of 2 years, accept Medicare & Medicaid, and accommodate patients regardless of ability to pay
- **Eligible:** Family, Internal Medicine, Pediatrics, Obstetrics and Gynecology, Adolescent Medicine, Geriatrics, & Psychiatry (General, Child and Adolescent, Geriatric)
- **$25k annual debt repayment for first 2 years & $35k annually for years 3 & 4**
- **Part-time participants (20-29 hours/week)** may receive up to half the amount of full-time participants
- **Apply by Feb. 15**
New national osteopathic leadership

Robert A. Cain, DO
President & CEO of AACOM

Kevin Klauer, DO
CEO of AOA
DOs in Ohio

- 4,900+ licensed osteopathic physicians (DOs)
- 16% of the total physicians practicing in Ohio
- 28% of the state's family physicians
Ronald Burns, D.O. installed as the 123rd President of the AOA

First OU-HCOM alum to serve as AOA President

Internship at Doctors Hosp. of Stark County (Massillon) & completed residency at Florida Hosp. East Orlando
2019 AOA House of Delegates

- **34 OOA members who served as delegates.** Among the meeting highlights:

  - The AOA reaffirmed its commitment to the inclusion of osteopathic principles and practice in every osteopathic board certification examination, regardless of specialty.

  - The AOA **reinstated authority of specialty boards to allow a requirement for specialty-specific content in CME for certification/re-certification.**

  - An Ohio resolution (H-228) that ensures the AOA encourages the ACGME to advocate for transparency of parental leave policies was approved.

  - The AOA waived the reserve requirement for FY 2020 to fund the **budgeted net operating deficit** of $4.5 million. The AOA is budgeting an $8.1 million decrease in revenue but has $37 million in reserves.
2019 AOA House of Delegates

This was the first year all COM extension campuses were granted a delegate slot—so the OOA was fortunate to have three student delegates: Marcus Lowe, Eddie Passen, and Andrew Williams.

Special thanks to Charles D. Milligan, DO; Sandra L. Cook, DO; Henry L. Wehrum, DO; Michael E. Dietz, DO; and Nicklaus J. Hess, DO. They were appointed to serve on reference committees and provided reports to the Ohio delegation during its state meetings on Thursday evening and Saturday morning.

Thanks also to William J. Burke, DO, for his 9 years of AOA Board service

Congratulations to OOA Immediate Past President, Jennifer J. Hauler, DO, for her election to the AOA Board of Trustees
This past spring featured the final AOA Match

The AOA now enters the final year of five-year transition to the ACGME’s single accreditation system for graduate medical education

Board of Trustees created a path for MDs who complete osteopathic-recognized ACGME residencies to qualify for board certification
ACGME Transitions in Ohio

30: AOA terminated for ACGME
15: Initial accreditation
9: Closed (not as a result of SAS)
9: Closed (did not pursue ACGME)
8: Does not intend to apply
3: ACGME increased for closed AOA program
3: Voluntary withdrawal from ACGME
2: Pre-accreditation
2: Continued accreditation
1: Continued pre-accreditation
1: Application in progress
OOA unveils new resource for students

• New webpage includes info on ACGME programs with osteopathic recognition (OR)
• Map notates programs with OOA logo
• Complete info below map: program name, specialty, # of slots, program director with contact info, DIO with contact info, program webpage, etc.
• Students section of OOA website, “Osteopathic Recognition” tab
• We’ll update as ACGME approves new programs
• Supports the osteopathic continuum!
AOA Board Certification

The AOA’s 2019-2021 CME Guide was released in January (w/ a revised version in June). The AOA is currently revising the AOA Board certification process as well.

Several items being considered by each individual board:

• Eligibility: Qualified DOs and MDs eligible for osteopathic/OMT exam (eligibility in progress).
• Test Convenience: Written exams up to 4X/year; OMT exam offered 2X/year; Develop remote oral exams
• Regarding continuing certification, there was special emphasis on their desire to create ongoing exams with shorter cycles.
• Pricing is yet to be determined. Although if an oral or practical exam are also included there would be additional costs
• Two options were approved by AOA BOT for initial certification:
  1. Board certification in osteopathic (specialty)
  2. Board certification in (specialty)
AOA Board Certification

• No specific timetable for implementation, but most changes expected before end of 2020
• The American Osteopathic Board of Obstetrics & Gynecology (AOBOG) launched a **new online exam process** for OCC.
  • The new format leverages technology to deliver assessment items and questions relevant to obstetrics and gynecology scope of practice at prescribed intervals (8 questions/week). Physicians choose from obstetric-only, gynecology-only, or blended exam.
  • Replaces traditional high-stakes recertification exam offered every 6 years.
  • Joins the AOBA and AOBR as the 3rd AOA certifying board to offer innovative assessment models that support lifelong learning and continuous professional development.
• AOBEM considering similar pilot
• AOBFP announced early entry certification (EEC) in August that allows candidates to seek board certification in residency (ACGME programs with OR).
  • Residents must successfully complete 2 AOBFP in-service exams & take EEC initial board exam in final year. Upon passing, diplomates enter OCC.
• We’ll keep you updated!
Ohio Physician Wellness Coalition

Coalition has created online modules for various topics to improve wellness, including:

- Boundaries
- Gratitude
- Isolation/Socialization
- Mental Health for Attending Physicians
- Mental Health for Medical Students and Residents
- Time Management
- Vulnerability

www.ohiophysicianwellness.org
Additional resources:
- Articles
- Books
- Podcasts
- Local resources
- National resources

Ohio Physician Wellness Coalition

- **Isolation and Socialization in Medical Professionals**
  - CME Eligibility: 1.0 credit

- **The Science and Art of Gratitude**
  - Presented by Christina M. Delos Reyes, M.D., FASAM, Addiction Psychiatrist UH Hospitals Cleveland and Chair, Ohio Physicians Health Program.
  - CME Eligibility: 1.0 credit

- **Mindfulness and Meditation**
  - Presented by Nelson H. Hieba, MA, MAECC.

- **Mental Wellness for the Attending Physician**
  - Presented by Sallie Wilson Luther, D.O.
In 2016, the Ohio legislature passed SB 523 which legalized medical marijuana for 21 debilitating diseases or conditions.

State-licensed growing facilities, dispensaries, patient registration, & physician registration.

Physicians are required to receive 2 hours of medical marijuana education to attain certification to “recommend.”

The state has awarded 18 of 31 cultivator licenses, 45 of 56 dispensary licenses & 12 of 41 processor licenses.

Sales began in January 2019.

- Physicians have made 70,000 recommendations & 46,000 patients have registered in the program since the registry opened.
- $25 million in sales (2,960 pounds)
The Patient and Caregiver Registry is the online portal where physicians with a certificate to recommend medical marijuana will register patients and caregivers, and issue recommendations. Patients and caregivers will also complete their registrations, and update their registration details, using the Registry.

www.medicalmarijuana.ohio.gov/patients-caregivers

For Registry questions, please contact the program’s Toll-Free Helpline at 1-833-464-6627 or by email at MMCPRegistry@pharmacy.ohio.gov.
CME in Ohio

The OOA—with support from the OOF—plans to expand osteopathic CME in Ohio in 2020.

Volunteer & DO Your Part

We need you to DO your part! The mission of the Ohio Osteopathic Association is to promote the distinctive philosophy and practice of osteopathic medicine in Ohio. To achieve our mission, we need your help. Our physicians are the most highly trained and educated professionals (in health care or otherwise) so we need to share this with the state of Ohio.

Please consider moving the profession forward in any of the following ways:

**OOA MEMBERSHIP COMMITTEE**

The Membership Committee will coordinate statewide membership projects and consider membership enhancements. It will meet approximately three times annually. All members are eligible to participate. Meetings may be in person or via videoconference.

**OOA MANAGED CARE COMMITTEE**

This ad hoc committee will serve as a resource during the state’s rebidding of managed care contracts. Members should have experience providing care to Medicaid patients and be willing to provide feedback regarding methods to enhance care quality and operational efficiency.

**SPECIAL ADVOCATE**

We’re continually seeking experts with special knowledge, experience, or interest regarding insurance, Medicaid, scope of practice issues, physician payment, and pharmacology among other topics. Your participation could include testimony at the Statehouse, interested party meetings, legislation review, media engagement, etc.

Physicians who agree to testify before the Ohio General Assembly will do so on the record in a public setting. Participation in this advocacy activity will be shared with the membership and general public through various OOA communication platforms.

**CME PRESENTER**

The OOA is expanding its CME offerings. Your patient-centered expertise underscores the osteopathic approach to wellness. Share your knowledge with your peers. Register your interest in serving as a lecturer at a CME seminar.

**CME QUESTIONNAIRE**

Take a few minutes to tell us about emerging medical topics and issues you’d like to learn more about. What patient ailments do you see most often that could be addressed through educational programming? What treatment modalities would you like to have covered at a CME event?

**SHADOWING**

Get the next osteopathic generation off to a great start by allowing interested undergraduate students to shadow you. Many COMs require applicants to get to know a DO and request a letter of recommendation as part of the application process. This provides students with exposure to the osteopathic profession and enhances awareness of the osteopathic medical philosophy.

**STUDENT HOSTING**
Scholar Series

- **Scholar 7:** walks through the steps of developing a hypothesis, creating specific aims, and drawing conclusions in preparation for an Institutional Review Board submission.

- **Scholar 4:** provides the style and floorplan of a proper abstract, poster, manuscript and oral presentation.

- **Scholar Specific:** discusses case presentation and takes a closer look at implementing an innovative ACGME osteopathic recognition curriculum.

- **Scholar Teacher:** provides faculty development in programs with OR
The SAS has created a template for all GME programs.

Osteopathic Recognition within this system requires the performance of osteopathic faculty development. Faculty development must be an easily accessible, clinically applicable and time conserving product. The new series **Scholar Teacher** provides several professionally prepared 15-20 minute videos that highlight thoracic landmarks (muscular, skeletal), assessment of rib dysfunction and treatment.

They may be viewed individually at a faculty meeting and the entire Scholar Teacher series may be utilized as a faculty development curriculum viewed as a group or singularly.

Faculty may receive CME for Scholar Teacher with a completed questionnaire on the AOA CME website.

Viewable on OOA site for those not seeking CME credit.

The most attractive component of this series is that it is free so that all our programs may receive Osteopathic Recognition.

Scholar Teacher authors include Robert W. Hostoffer, Jr., DO, who established the Scholar Series; Michael P. Rowane, DO; and Paul Evans, DO.
April 22-26, 2020
Hilton Easton in Columbus
More than 30 hours of 1-A CME

- Topics: Dermatology roundtable, orthopedics workshop, management, safe opioid prescribing, risk management & more.

- OOA presidential installation

- Awards reception & student networking event

- Keynote speaker: Kevin Sowers--President of the Johns Hopkins Health System & EVP of Johns Hopkins Medicine. His presentation, *The Power of Purpose*, will focus on how passion, partnership, and personal accountability can lead to individual and team success.
Legislation & Policy
At the Ohio Statehouse

- Speaker of the House: Larry Householder
- Senate President: Larry Obhof
Budget bill changes to licensure

- Reduces to 50 (from 100) the number of Category 1 credit hours required every two years for licensure.
- Eliminates dates established in statute for medical license renewal and instead provides that each license is valid for a two-year period that expires on the issuance anniversary date.
- Reduces to three the number of hours a physician may earn providing health care services as a volunteer.
- Requires both a supervising physician and PA to retain a copy of their supervision agreement in their records.
- Eliminates telemedicine certificates and requires the Board to convert them to regular licenses to practice as a DO or MD.
Sherry L. Johnson, DO, of Cincinnati, is the sole DO on the SMBO. Her term runs through April 25, 2023.

- 2001 graduate of Ohio University Heritage College of Osteopathic Medicine
- Dr. Johnson is an OBGYN in Batavia and also works at HealthSource of Ohio, where she works with family medicine residents through the Wright Center for GME.

Stephanie Loucka appointed new SMBO Executive Director on Nov. 14, 2019

- Previously served as the Director at the Ohio Department of Aging.
- Prior to that she held senior leadership positions at both the Ohio Department of Administrative Services & Ohio Department of Aging.
- Most recently HR director at Gahanna-Jefferson Public Schools.
- Bachelor’s degree in history and political science from Otterbein College and a law degree from the University of Cincinnati College of Law.
HB 61: Public records

Passed House 92-0, passed Senate
Judiciary Comm.
HB 177: APRN scope of practice

Last heard in House Health 11/17/19
HB 224: CRNA scope of practice

Last heard in House Health 12/10/19
SB 97: Cost estimates for scheduled health services

Passed the Senate, now in House Health Comm.
HB 323: Prescriptive authority for psychologists

House Health Comm., last hearing was 10/1/19
DeWine Administration

- Supports Medicaid expansion
- Priorities: Children’s Initiative, mental health counselors in schools, rural jobs
- Signed “heartbeat bill” abortion ban
- Appointed new cabinet officials including new Directors for Dept. of Health, Mental Health, & ODM among others
- Efforts to improve foster care
- Efforts to prevent gun violence
- Tobacco 21 effective 10/17/19
- Opened a state office in DC
- Created Recovery Ohio to coordinate efforts to reduce drug deaths and addiction
State and local public health officials are investigating reports of Ohioans who experienced severe pulmonary illness following use of e-cigarettes, or vaping.

The reports follow a national alert by the CDC about pulmonary illnesses linked to vaping in multiple states.

ODH issued a health alert to healthcare providers asking them to report all suspected cases of serious pulmonary illness where the cause is unclear with a history of vaping to local or state public health officials for investigation.

According to the CDC, patient respiratory symptoms have included cough, shortness of breath, and fatigue. Sometimes symptoms worsened over a period of days or weeks and required hospitalization. Other symptoms reported by some patients included fever, chest pain, weight loss, nausea, and diarrhea.

95 reported cases in OH, 87 hospitalizations
First DO state senator:
Terry Johnson, DO
SB 59: Educating pharmacists about dispensing naloxone w/o prescription

Passed Senate, now in House Health
SB 72: Allows use of consumer grade fireworks on private property

Most recent hearing in Senate Transportation, Commerce, & Workforce Committee was on Jan. 22
HB 329: Prohibits sun lamp tanning for minors

House Health Comm., last hearing November 10, 2019

OOA submitted proponent testimony
“Volunteer & DO Your Part”

We’re continually seeking experts with special knowledge, experience, or interest regarding insurance, Medicaid, scope of practice issues, physician payment, and pharmacology among other topics.

Your participation could include testimony at the Statehouse, interested party meetings, legislation review, media engagement, etc.”
Actively Engage in the Electoral Process

Primary election voter registration deadline: Feb. 18, 2020
Early voting begins: Feb. 19, 2020
Primary election: March 17, 2020

General election voter registration deadline: Oct. 5, 2020
Early voting begins: Oct. 6, 2020
General election: Nov. 3, 2020
You say you want a resolution

A formal expression of opinion, will, or intent voted by an official body or assembled group
WHEREAS, the American Osteopathic Association (AOA) House of Delegates, based on a resolution from the AOA Board of Trustees, approved amendments to the AOA Constitution and Bylaws concerning creation of a Public Member on the Board of Trustees; and

WHEREAS, since approval of the position, no individual has been nominated to serve in the public member position; and

WHEREAS, the AOA already utilizes public member positions in the Commission on Osteopathic College Accreditation and Bureau of Osteopathic Specialists, which are engaged in discussions, standard-setting, and decision-making where the public representative is useful; and

WHEREAS, the AOA’s private business decisions, as discussed by the Board of Trustees, do not receive the same benefits from a public member’s recommendations and opinion; and

WHEREAS, the AOA Board of Trustees is permitted to invite outside presenters, experts and advisors to attend meetings and provide comment on public issues related to changes in healthcare, education and government that impact the osteopathic profession; now, therefore be it

RESOLVED, that the American Osteopathic (AOA) Association Board of Trustees recommend to the AOA House of Delegates that the Public Member position on the AOA Board of Trustees be eliminated.
Whereas Clauses

- Relate directly to the call for action (whereas)
- Contain one significant reason or statistic which supports the call to action
- Cite the source of statistics; if facts and figures are used to support the call for action.
- Should avoid redundancy & be limited to the number of statements clearly essential to make your point (often times the shorter, the better)
Resolved Clauses

- Most important part of the resolution
- Each resolved clause should contain the following:
  - Be able to stand on its own
  - Include only one sentence
  - Have a clear and concise call to action
  - If the resolution envisions more than one related call to action, there should be a separate clause for each; each separate resolved clause should be able to stand alone
- If the resolution requires action by the AOA and the intent of the writer is to change policy at the national level,
  - Resolved, that the OOA recommend to the AOA that
Taking the next step

If the intent of the resolution is to have an action taken at both the OOA and AOA level

Resolved, that a copy of this resolution be submitted to the American Osteopathic Association for consideration at the 2020 AOA House of Delegates

Deadlines:

- February 14: To submit resolutions to the OOA House of Delegates for consideration from the OOA Board of Trustees
- March 16: To submit resolutions to the OOA House of Delegates for inclusion in the 2020 Manual
It’s important to remember

Debate intent, not wording

Expedite the work of the Reference Committees
Streamline sharing of district membership roster with OOA (for those districts collecting dues/memberships separately)

Seek parity amongst district dues

Meetings requirements revision

For any district struggling with compliance should consider a management agreement with the OOA (coordinates events, district communication, financial arrangements)
We must grow membership to strengthen the profession
Continue to advance our profession through legislative advocacy
Explore new ways to engage students & young physicians
Expand CME offerings
Continue to expand benefits
We work for your benefit!

Our benefits include:
• Legislative advocacy
• State health agency engagement
• Info updates through weekly ebulletin, Osteofacts
• Quarterly printed publication, *Buckeye Osteopathic Physician*
• Job board
• Plus…
Your OOA membership provides a 10% discount on professional liability insurance!

www.ismie.com/ooa
The OOA works to benefit you!!

Your OOA membership allows a free planning consultation!

Shawn Phelps
614-279-8267 office
740-641-7140 cell
614-433-9105 fax
shawn.phelp@nm.com
The OOA works to benefit you!!

www.joneslg.com

Your OOA membership provides a 25% discount on legal services!

Eric A. Jones, JD, MBA
614-545-9998
fax 614-224-9300
ejones@joneslg.com
We are proud to provide comprehensive support for the profession!

- OOA: Professional home for DOs
- OOPAC: political arm
- OOF: Philanthropic & educational arm
White Coats for OMS-I
State Science Day awards
Graduation support
Student scholarships
Ohio Physician Wellness Coalition
Expanding CME opportunities

Your generous support makes this happen!
OOA: Your Professional Home

- We are proud to serve the organization!
  - www.ohioDO.org 614-299-2107
  - @ohiodos

Ohio Osteopathic Association

- Matt Harney, Executive Director
  - Cell 405-503-6258
  - MattHarney@OhioDO.org